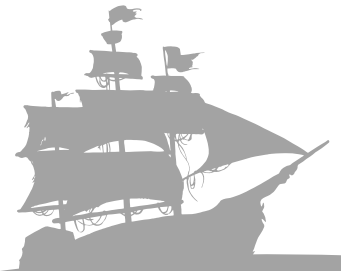




Chart your course to graduation and sail to success!



WELLNESS AND PERSONAL TRAINER
CTE Short-Term Certificate

Meet with your
advisor before
registering.

Wellness and Personal Trainer CTE Short Certificate	Hours	Grade
BIO 201* Anatomy and Physiology I	4	
BIO 202* Anatomy and Physiology II	4	
HED 221 Personal Health	3	
HED 222 Community Health	3	
HED 231 First Aid	3	
PED 100 Fundamentals of Fitness	3	
PED 223 Methods of Instruction	3	
PED 224 Principles of Nutrition	3	
Any approved HED or PED Course	3	
CREDIT HOUR TOTAL	29	